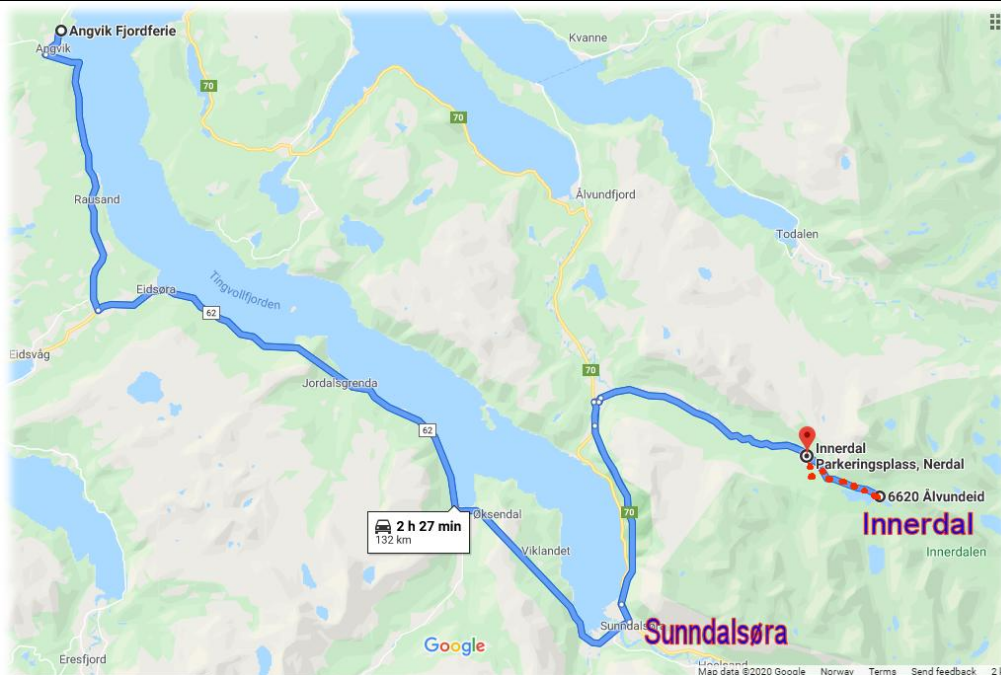


INNERDALEN — (Mountain Lake and Valley)



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Driving: 1,5 Stunde
Hiking along road: 2 hours
(8 km)

Drive RV666 and RV62 to Sunndalsøra.

Turn left (towards Kristiansund) for about 10 km to Ålvundeid. Drive through Virumsdalen to the parking lot in Nerdal.

Continue on foot to Innerdalen on a dirt road. The first part is quite steep, but goes on the road.

Why do we recommend this trip??

Innderdalen is considered by many to be the most beautiful valley in Norway and was placed under nature protection in 1967. The "Dalatårnet" is the most famous of the mountains here, at 1394m it rises like a huge cone over the valley. Innerdalen is also the center of mountain climbing in Nordmøre.

The Innerdalshütte is in the valley. There, the owner takes care of simple meals or, on request, procures a place to stay.



